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Om harir vidhadhyan mama sarva raksham. Nyashngir padma padgendra prushte. Dharari charmasi gadheshu chapa. Pasan dadhano ashtaguno ashta bahu., Jaleshu maam rakshathu mathsyas moorthir. Yadho ganebhyo varunasya pasad. Sthaleshu maya vatu vamaano avyal. Trivikrama khevadu viswaroopa., Durgesh atavayji mukhadhishu Prabhu. Payanusimho asura yoodha pari. Vimunchatho yasya mahattahasam. Dhiso vineedhur anya pathangascha Garbha., Rakshathwasou maadhvani Yajna Kalpa. Swadamshtroyoth patha dharo varaha. Ramo aadrhrikooteshwadha vipravase. Sa lakshmanoyadh bharaathagrajo maam., Mamugra dharmad akhiliath pramadath. Narayana pathu narascha hasath. Dathaswa yogad adha Yoga natha. Payadh Gunesa kapila Karma bandath., Sanath kumaro avathu Kama devath. Hayanano maam padhi deva helanath. Devarshi varya purusharcha nantharath. Koormo harir maam mirayadh asesath., Dhanwandanir bhagawan pathway padhyath. Dwanvdadh bhayad rushabho nirjithama. Yajnascha loka devathaa janandath. Balo ganath krodha vasadh abhendra., Dwaipayano bhagwan aprabhoadh. Budhasthu pashanda ganath pramadath., Kalki kale kala malath prapath. Dharma vanayoru kruthavathara., Maam kesavo gadbhaya pratharavyad. Govinda aasangava aartha venu. Narayana prahana udatha shakthir. Madhyandhine vishnurareendra pani., Devo aparahne Madhu hogra dhanwa. Sayam thridhamavathu Madhwao maam. Doshe Hrishi kesa. utardha rather. Niseedha yekovathu Padmanabha., Srivathsa dhamaapara rathra eesa. Prathyosha eesoidharo janardhana. Dhamodharo avyad anusandhyam prabathe. Visweswaro bhagwan kala moorthi., Chakram yugantha analathigma nemi. Bhramath samanthad Bhagvath prayuktham. Dandhagdhi dangdharyi sainya masu. Kaksham yadha vatha sakho luthasa., Gadhe asani sparsana visphulinge. Nishpindi nishpindiyajitha priyasi. Koomsanda vainayaka yaksha raksho. Bhootha graham choornaya choornyarin., Thwam yathu dhana pramadha pretha mathru. Pisacha vipra graham gora drushteen. Dharendra vidhravaya Krishna pooritho. Bhima swano arer hrudhayani kambhayan., Thwam thigma dharasi varari sainyam. Eesa prayuktha mama chindhi. chindhi. Chakshoomshi charman satha chandra chadhaya. Dvishamaghonam hara papa chakshusham., Yanna bhayam grahebhyobhooth kethubhyo nrubhya eva cha. Saree srubebhyo dhamshtribhyo bhoothabyohelbhya yeva cha. Sarvanyethani bhagavan nama roopasthra keerthanath. Prayanthu samkshayam sadyo ye na sreya pratheepika., Garudo Bhagawan sthothra sthobha chandho maya Prabhu. Rakshathwa sesha kruchsrebhyo vishwakkena swa namabhi. Savapadbhyo harer nama roopayanaayudhani na. Budheendriya mana praanan panthu parshadha bhoshana. Yadhahi bhagwai eva vasthutha sad sachayath. Sathye nanena na sarve yanthu nasamupadrava. Yadaikathmanu bhavanam vikalpa rahitha swayam. Bhooshanuyudha lingakhyha dathe shakthi swa mayaya. Theenava sathya mienen sarvajno Bhagwan Hari. Pathu sarvai swaroopaina sada sarvathra sarvaga., Vidikshu dikshoordhwamadha Samantha. Anthar bahir bhagwan narasimha. Praha bhayam loka bhayam swanena. Swathejasa grastha samastha theja. Free Download Narayan Kavach in English Lyrics PDF/MP3 Translated by P.R.Ramachander The Narayana Kavacham occurs in chapter eight of the sixth skanda of Bhagavada Purana. It is an Armour to protect ourselves from our enemies seen and unseen. Raja Parikshith, the son of Abhimanyu, asks his teacher, Sage Shuka for a means to protect himself from his enemies. Sage Shuka then teaches him the Narayana Kavacham, which was originally taught by Sage Viswaroopa, the son of Thwashtira, to Indra. It is believed that the soul of the man who reads this Kavacha becomes extremely holy and that any one who reads this would be protected by Lord Vishnu. Sloka 4-11 of this great Stotra give us in detail about the preparations that we should take before reciting this kavacham. Kavacham's should be learned by a Guru who is well versed in these procedures and chanted under his guidance. If that is not possible, than the kavacham can be recited without performing the Kara and Anga nyasa or simply recite the last four lines. Before commencing the recital, chant 'Om Namo Naraayanaya' or 'Om Namo Bhagvadey Vaasudevayaa' or your guru Mantra 12 times. Visualize yourself and/or your loved ones, totally protected. You could 'see' them dressed in an armor. You could see them immersed in white or violet light. You could see them in a tube of Light. You could see an impenetrable ring of white Light around them[1][2]. Introductory Discussion Rajo Uvacha Yava guptha sahasraksha savahaan ripu sainikan. Kreedanniva viniirjithya trilokya bhubbhuje sriyam., 1 Bhagawan sthan mamakhyahi varma narayanathmakam. Yadha athathayina shathroon yena guptho jayan mrudhe., 2 Oh God please share with me that armour of Narayana, By which the thousand eyed Indra was able to drive away. The well armed soldiers of his enemy as if it is a play. And gain control of the three worlds and wealth. And also was safe in the battle field and became victorious. Sri Shuka Narayana, purohitha thwashto mahendra yanu pruchathe. Narayanankhyam varnaha thadihaika mana srnu., 3 Viswaroopa the son of Thwashtira, when he was made. The priest Of Indra taught him this armour of Narayana. And I will teach you that and please listen to it with concentration. Viswaroopa Uvacha Dhouthangri panir achamya sapovithra udang mukha. Kruthaswa anga kara nyaso manthrabhyam vaygatha suchi., 4 Narayana mayam varma samahyeydh bhaya agathe. Daiva bhoothathma karmebhya narayana maya puman., 5 Padyor janu noruvor udhare hrudhyadhorasi. Mukhe sirasya anu poorva omgaradheoni vinyaseth., 6 When fear approaches you, after washing your feet and hand, Do internal purification by achamana, wear the holy ring made of Durba, Face the north, sit on a seat of Durba grass and do the hand Symbols. And do holy chants and attain cleanliness of speech. You should then become silent, become engrossed in Narayana. And do suitable actions to tie yourself with the armour of Narayana. And using the eight letters starting with Om, touch the feet, Knees, thighs, belly heart chest, face and head, Om namo narayanethi viparyaya madhapi vaa, Kara nyasam Thatha kuryad dwadasakshara vidhyaya., 7 Pranavadih yakarandha mangulyam angustha parvasu. Nyased drudaya omkaram vikara manu moordhani., 8 Then after touching the eight parts of the body. The feet, Knees, thighs, belly heart chest, face and head, Chanting the eight letter Manthra "Om Namo Naraayanaya" Either in an ascending or descending order. You have to perform the knowledge of the twelve letters. Shakaranthu brovor madhiye nakaram shikhayam nyased. Vekaram nethrayor yunjiyannakaram sarva sandhishu., 9 Makara mastrha mudhisiya mantha moorthir bhaved budha. Sarva sanga shadantham thath sarva dikshu viniridisheth. Om Vishnava nama ithi., 10 Tell "Sha" and touch the middle of the eye brows. Tell "Na" and touch the top of the hair on your head Tell "Ve" and touch both your eyes. Tell "Na" and touch all your joints. Facing all directions and say "Ma Asthraya Phat", This would make even the dim witted in to a wise one. And thus you tie all the six directions as directed. And chant "Om salutations to Lord Vishnu" Athmanam paramam dhhyeyed dhyeyam shad shakthibhir yudham. Vidhya thejas thapo murthim imam manthra mudhahareth., 11 Afterwards meditate on Atma supported by the six strengths. Of Wealth, charity, fame, goddess of wealth, wisdom and renunciation. And chant the following which has the form of knowledge, power and meditation. Om harir viprayano mama sarva raksham. Nyashngir padma padgendra prushte. Dharari charmasi gadheshu chapa. Pasan dadhano ashtaguno ashta bahu., 12 May all the protection to me be given by Hari. Who keeps his lotus feet on the back of the hind. Who is armed with conch, wheel, sword, mace, Bow and a rope and who has eight qualities and eight hands. Jaleshu maam rakshathu mathsyas moorthir. Yadho ganebhyo varunasya pasad. Sthaleshu maya vatu vamaano avyal. Trivikrama khevadu viswaroopa., 13 Let me be protected in the water by Fish incarnation. From the animals of the sea and rope of Varuna. Let me be protected in the Land by Vamana, the illusory boy. And in the sky Trivikrama and viswaroopa forms. Durgesh atavayji mukhadhishu Prabhu. Payanusimho asura yoodha pari. Vimunchatho yasya mahattahasam. Dhiso vineedhur anya pathangascha Garbha., 14 In forests, forests, dangerous places and in war. Let me be protected by his mighty roar shook all directions. Broke open the army formation of Asura. And caused pregnant asura Women to abort. Rakshathwasou maadhvani Yajna Kalpa. Swadamshtroyoth patha dharo varaha. Ramo aadrhrikooteshwadha vipravase. Sa lakshmanoyadh bharaathagrajo maam., 15 Let me be protected on my way by Lord Naraha. Who is Yagna personified and who by his protruding teeth. Lifted and carried the earth to safety. Let me be protected on mountain top by Lord Parasurama Let me be protected when I am abroad By Lord Rama. Who is elder brother of Bharatha and Lakshmana. Mamugra dharmad akhilath pramadath. Narayana pathu narascha hasath. Dathaswa yogad adha Yoga natha. Payadh Gunesa kapila Karma bandath., 16 Let me be protected by Lord Narayana. When I am transgressing Dharma or committing mistakes. Let me be protected from my pride by Sage Nara. Let me protected by Sage Dathathreya. For not engaging in Yoga, meditation and other activities And let sage Kapila protect me from the bondage of Karma. Sanath kumaro avathu Kama devath. Hayanano maam padhi deva helanath. Devarshi varya purusharcha nantharath. Koormo harir maam mirayadh asesath., 17 Let sage Sanath Kumara protect me from the cupid. Let Lord Hiyagresva protect me while I am on travel. As well as when I do action that insults the Devas. Let Sage Narada protect me from sins of nor worship of devas. And let Hari who is the son of a tortoise. Protect me from different types of hell. Dwanvdadh bhayad rushabho nirjithama. Yajnascha loka devathaa janandath. Balo ganath krodha vasadh abhendra., 18 Let Lord Dhanwanthari protect me from unraisable food. Let Rishabha, the renounced soul protect me. From fear of the contradictory dualities[3]. Let Sage Yajna protect me from gossip of society. Let Lord Balarama protect me from problems created by men. And let Adhi sesha protect me from my anger. Dwaipayano bhagwan aprabhoadh. Budhasthu pashanda ganath pramadath., Kalki kale kala malath prapath. Dharma vanayoru kruthavathara., 19 Let Sage Vyasa protect me from lack of awakening. Let sage Budha protect me from hypocrisy and ignorance. Let Lord Kalki, who would be born to salvage Dharma. Protect me from the evil effects and thoughts of Kali age. Maam kesavo gadbhaya pratharavyad. Govinda aasangava aartha venu. Narayana prahana udatha shakthir. Madhyandhine vishnurareendra pani., 20 May I be protected in the morn by Kesava with his mace. May I be protected two hours later By Govinda by his flute. Two more hours later let Lord Narayana protect by his strength. And at noon let Lord Vishnu protect me his holy wheel. Devo aparahne Madhu hogra dhanwa. Sayam thridhamavathu Madhwao maam. Doshe Hrishi kesa. utardha rather. Niseedha yekovathu Padmanabha., 21 After noon let me protected by Madhu with his great bow. In the evening Let Madhua in the form of trinity protect me. Between dawn and midnight let Lord Hrishi kesa protect me. And at midnight let Lord Padmanabha alone protect me. Srivathsa dhamaapara rathra eesa. Prathyosha eesoidharo janardhana. Dhamodharo avyad anusandhyam prabathe. Visweswaro bhagwan kala moorthi., 22 Let me protected by remaining part of the night. By the Lord in whom Srivathsa lives. Let me be protected just before dawn. By Lord Janardhana who holds the sword. Let me be protected at sun rise. By Lord Damodara and just before morn. Let Lord Visveshwara give me protection. Chakram yugantha analathigma nemi. Bhramath samanthad Bhagvath prayuktham. Dandhagdhi dangdharyi sainya masu. Kaksham yadha vatha sakho luthasa., 23 Oh holy Wheel,your edges are like the raging fire of deluge. You are sent by the God and rotate and travel everywhere. And so like the fire with the help of wind. Burns in to ashes the dried up wood of a forest. Speedily and speedily burn and burn all my enemies. Gadhe asani sparsana visphulinge. Nishpindi nishpindiyajitha priyasi. Koomsanda vainayaka yaksha raksho. Bhootha graham choornaya choornyarin., 24 Oh mace, the spark raising touches of yours. Are unbearable like the touch of Vajra. And you are dear to the invincible lord and his servant. And so please powder and powder again. Evil spirits. Yakshas. Rakshasas and all my enemies. Thwam yathu dhana pramadha pretha mathru. Pisacha vipra graham gora drushteen. Dharendra vidhravaya Krishna pooritho. Bhima swano arer hrudhayani kambhayan., 25 Oh Conch, when Lord Krishna blows in you. You create a huge and loud Sound and confuse my enemies. And drive away ghouls, devils, ghosts, Pramadhas, Brahma Rakshas and other fearful beings. Thwam thigma dharasi varari sainyam. Eesa prayuktha mama chindhi. chindhi. Chakshoomshi charman satha chandra chadhaya. Dvishamaghonam hara papa chakshusham., 26 Oh holy sword. Be sent by the Lord himself. And cut and cut my enemy army in to pieces. Oh shield of the lord,shining like hundred moons. Please make my enemies with full of sins look blind. Yanna bhayam grahebhyobhooth kethubhyo nrubhya eva cha. Saree srubebhyo dhamshtribhyo bhoothabyohelbhya yeva cha., 27 Sarvanyethani bhagavan nama roopasthra keerthanath. Prayanthu samkshayam sadyo ye na sreya pratheepika., 28 The fear that we have due to planets, comets, Kethu and kings. The fear that we had from teethead serpents, ghosts and from sin. And the fear that prevent our well being may all be destroyed. Oh God, by the praise of your names and weapons. Garudo Bhagawan sthothra sthobha chandho maya Prabhu. Rakshathwa sesha kruchsrebhyo vishwakkena swa namabhi., 29 The Garuda, who is being praised by great musical stotras of Vedas. Who is a god and the lord of the world, may protect me from all troubles. By singing of his names as well as that of the Lord Vishwak sena. Savapadbhyo harer nama roopayanaayudhani na. Budheendriya mana praanan panthu parshadha bhoshana., 30 Let the names and forms of Vishnu, his steed. His weapons, and important assistants may protect. My mind, senses and soul, from all the dangers and sins. Yadhahi bhagwan eva vasthutha sad sachayath. Sathye nanena na sarve yanthu nasamupadrava., 31 The truth that God is all beings and things. May destroy all the troubles that we face. Yadaikathmanu bhavanam vikalpa rahitha swayam. 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